



Zesty Nacho Dip Recipe

Preparation Time	5
Cooking Time	20
Serving Size	1 1/4 cup

Ingredients:

- 1 Tbsp oil
- 100 g beef, ground
- 1 pouch DEL MONTE Italian Style Spaghetti Sauce (250g)
- 1/4 cup cheese, melting, grated
- 1/2 tsp chili powder
- 1 Tbsp cilantro, chopped
- 2 tsp jalapeño, canned, chopped

Preparation:

1. Sauté beef in oil until brown. Add DEL MONTE Italian Style Spaghetti Sauce. Simmer for 3 minutes. Add cheese, chili powder, cilantro and jalapeño. Stir until cheese is melted. Serve as dip.

Chef's Tip

For a more aromatic chili powder, toast it over a dry pan for a few seconds.

Lusog Notes

This yummy dip is rich in vitamin A that helps keep normal vision and healthy skin. It is also a source of calcium for healthy bones.

Cooking Tools

- Grater