

Tutti Fruitti Dessert Recipe

Preparation Time Cooking Time Serving Size 10 75 16

Ingredients:

- 1 pack unflavored gelatin
- 1 can DEL MONTE Fiesta Fruit Cocktail (836g), drained, reserve syrup
- 1 can DEL MONTE Four Seasons Juice Drink (240ml), chilled
- 2 Tbsp sugar, white
- 1/2 cup all-purpose cream, chilled
- 1/2 cup cornflakes, frosted

Preparation:

- 1. Mix gelatin with reserved fruit cocktail syrup. Heat until gelatin is dissolved. Combine with remaining ingredients except cream and cornflakes. Mix well. Pour into desired mould. Chill until set.
- 2. Beat cream until fluffy. Top gelatin with cream and cornflakes.

Chef's Tip

Always dissolve gelatin in cold liquid first before heating to make sure that the gelatin does not become lumpy.

Lusog Notes

Did you know that fruits are a good source of vitamins and minerals? Include fruits in your daily meals for healthier and nutritious eating.

Cooking Skills Needed

Mixing

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