



Tapa And Mushroom Spaghetti Recipe

Preparation Time	15
Cooking Time	20
Serving Size	4

Ingredients:

- 2 Tbsp oil
- 1 Tbsp garlic, crushed
- 150 g beef tapa, cut into strips
- 1/2 cup button mushroom, canned, sliced
- 1/4 tsp salt
- 1 pouch DEL MONTE Sweet Style Spaghetti Sauce (250g)
- 1 pack DEL MONTE Spaghetti (175g), cooked
- 1/4 cup cheese, grated

Preparation:

1. Sauté garlic, tapa and mushrooms for 5 minutes. Add DEL MONTE Sweet Style Spaghetti Sauce and salt to taste. Cover and simmer for 10 minutes.
2. Pour over or mix with cooked DEL MONTE Spaghetti. Top with grated cheese.

Chef's Tip

Cut the tapa into thin bite-size strips so that it will be easy for kids to eat.

Lusog Notes

Pasta is a source of carbohydrates that fuel the brain and body. This Tapa And Mushroom Spaghetti recipe is also high in protein, which is needed for growth and development.

Cooking Tools

- Chopping Board
- Grater