

Stir-Fried Tofu Recipe

Preparation Time Cooking Time Serving Size 15 15

Ingredients:

- 2 Tbsp oil
- 1/4 cup onion, red, chopped
- 2 Tbsp garlic, minced
- 100 g pork, kasim, cut into strips
- 1 pouch DEL MONTE Filipino Style Tomato Sauce (90g)
- 1/4 cup water
- 2 Tbsp soy sauce
- 500 g tofu, deep-fried, then cut into cubes
- 1 cup kinchay, chopped

Preparation:

- 1. Sauté onion in oil until translucent. Add the garlic and sauté until aromatic. Add pork and sauté until brown.
- 2. Add the DEL MONTE Filipino Style Tomato Sauce, water, soy sauce. Simmer until pork is cooked. Add the fried tofu.
- 3. Garnish with kinchay on top then serve.

Chef's Tip

Lusog Notes

Cooking Skills Needed

- Sautéing
- Simmering
- Slicing

Cooking Tools

- Chopping Board
- Measuring Cups
- Measuring Spoon
- Mixing Bowl
- Pot
- Spatula

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