



## Roasted Chicken Burger Recipe

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| <b>Preparation Time</b> | <b>10</b> |
| <b>Cooking Time</b>     | <b>98</b> |
| <b>Serving Size</b>     | <b>8</b>  |

### Ingredients:

- 500 g chicken, breast, bone-in
- 1/2 pack DEL MONTE Quick 'n Easy Gravy Mix (30g)

### FOR THE BURGER

- 1/4 cup onion, red, chopped
- 1 Tbsp garlic, minced
- 1 Tbsp prepared mustard
- 1/4 cup celery, chopped
- 1/4 cup green onions, chopped
- 1 pc egg
- 1/2 cup all-purpose flour
- 1/2 tsp salt
- 1/4 tsp pepper, black
  
- 1/4 cup breadcrumbs
- 1/4 cup oil, for frying
- 8 pcs hamburger bun
- 1 cup lettuce
- 1/4 cup sour cream
- 1/2 cup tomato, sliced thinly into rings
- 3/4 cup cucumber, sliced
- 1 can DEL MONTE Sliced Pineapple (432g), drained

### Preparation:

1. Preheat oven or turbo broiler at 400°F. Rub chicken with DEL MONTE Quick n Easy Gravy Mix. Let stand for 10 minutes. Arrange chicken in roasting pan or tray with wire rack.
2. Roast chicken for 30 minutes. Brush with drippings.
3. When chicken is roasted, chop chicken meat.
4. Combine ingredients for burger with chopped chicken meat. Mix well. Portion mixture into 50g (1/4 cup) patties. Roll in breadcrumbs. Fry until brown on both sides.
5. Pile each burger bun with a layer of lettuce, sour cream, burger patty, tomato, cucumbers, and DEL MONTE Sliced Pineapple. Serve.

### Chef's Tip

Roasted chicken meat gives more flavor to the burger as compared to using boiled chicken.

## Lusog Notes

This delicious snack contains iron needed for normal metabolism and required in making red blood cells that transports oxygen in the bloodstream around the body.

## Cooking Skills Needed

- Mixing
- Frying

## Cooking Tools

- Measuring Cups
- Spatula
- Chopping Board
- Measuring Spoon
- Strainer