



Rice Cooker Upside Down Cake Recipe

Preparation Time	5
Cooking Time	60
Serving Size	8

Ingredients:

- 1/2 cup sugar, white
- 1 can DEL MONTE Fiesta Fruit Cocktail (432g), drained
- 400 g pancake mix
- 1 cup water
- 4 pc egg
- 1/4 cup butter, melted

Preparation:

1. Melt sugar in a pot, then cook until caramel colored.
2. Pour caramel in a pan. Add DEL MONTE Fiesta Fruit Cocktail.
3. In a bowl, combine all the pancake mix with the water, egg and melted butter. Mix well.
4. Pour batter over DEL MONTE Fiesta Fruit Cocktail. Place on top of the steamer basket of the rice cooker. Steam for 45 minutes.

Chef's Tip

To unmold, run a small knife along the side of the pan. Invert over the plate while hot. The caramel at the bottom will harden as it cools and will be difficult to unmold later.

Lusog Notes

This dessert is a source of calcium and iron. Calcium is needed for bone health while iron is essential for normal metabolism.

Cooking Skills Needed

- Mixing

Cooking Tools

- Rice Cooker