



## Quick N Easy Green Chicken Curry Recipe

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Preparation Time	10
Cooking Time	22
Serving Size	6

### Ingredients:

- 2 Tbsp oil
- 1 pack DEL MONTE Quick n Easy Green Curry Mix (30g)
- 1 can coconut milk (400ml)
- 500 g chicken, thigh fillet, sliced into chunks
- 1 1/2 cup eggplant, sliced into planks
- 1/4 cup bell pepper, red, sliced into strips
- 1/2 cup Thai basil

### Preparation:

1. In a pot, heat the oil and DEL MONTE Quick n Easy Green Curry Mix until aromatic. Add the coconut milk then simmer for 3 minutes.
2. Add the chicken, and simmer in a covered pot for 12 minutes. Stir occasionally.
3. Add the eggplant and simmer for 5 minutes. Add the bell pepper and basil. Simmer for another minute and serve.

### Chef's Tip

Cooking the DEL MONTE Quick n Easy Green Curry Mix in oil intensifies the flavor of the sauce as the spices are lightly toasted.

### Lusog Notes

#### Cooking Skills Needed

- Sautéing
- Simmering
- Slicing

#### Cooking Tools

- Chopping Board
- Measuring Cups
- Measuring Spoon
- Pot
- Rubber Spatula
- Scissors