



Moroccan Chicken Recipe

Preparation Time	10
Cooking Time	35
Serving Size	8

Ingredients:

- 2 Tbsp oil
- 1/3 cup sibuyas Tagalog/shallots, sliced
- 2 Tbsp garlic, minced
- 1 Tbsp ginger, cut into strips
- 1 kg chicken, thigh
- 1 pouch DEL MONTE Filipino Style Tomato Sauce (250g)
- 1 cup water
- 1/2 pc chicken bouillon cube
- 1/2 tsp cumin
- 1/2 tsp cinnamon
- 3/4 tsp salt
- 1/2 tsp pepper, black
- 1 Tbsp sugar, brown
- 1 can chickpeas, canned (400g), peeled
- 1/4 cup onion, red, sliced thinly
- 1/4 cup mint

Preparation:

- 1 In a pot, heat oil and sauté shallot, garlic, and ginger until aromatic.
2. Add chicken thigh and render chicken.
3. Add DEL MONTE Filipino Style Tomato Sauce, water and chicken bouillon cube. Simmer for 15 minutes.
4. Season with cumin, cinnamon, salt, pepper, and brown sugar.
5. Add chick peas and simmer for 3 minutes.
6. Plate chicken and garnish with red onion and mint.

Chef's Tip

Lusog Notes

Cooking Skills Needed

- Chopping
- Sautéing
- Simmering

Cooking Tools

- Chopping Board
 - Measuring Cups
 - Measuring Spoon
 - Pot
 - Rubber Spatula
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