



## Mommy's Merienda Spaghetti Recipe

---

<b>Preparation Time</b>	<b>10</b>
<b>Cooking Time</b>	<b>17</b>
<b>Serving Size</b>	<b>18</b>

### Ingredients:

- 1/2 cup oil
- 4 1/2 Tbsp garlic, crushed
- 1/2 cup onion, chopped
- 500 g beef, ground
- 10 pc beef hotdog (optional)
- 1 pouch DEL MONTE Filipino Style Spaghetti Sauce (1kg)
- - salt, to taste
- 1 pack DEL MONTE Spaghetti (900g), cooked
- 2 1/4 cup cheese, grated

### Preparation:

1. Sauté garlic, onion, beef in oil. Cook for 3 minutes.
2. Add hotdog and sauté for 3 minutes.
3. Add DEL MONTE Filipino Style Spaghetti Sauce and salt to taste. Cover and simmer for 8 minutes.
4. Pour sauce and mix with cooked DEL MONTE Spaghetti. Sprinkle with grated cheese.

### Chef's Tip

Be sure to brown the beef well to give a deeper beef flavor to the sauce.

### Lusog Notes

This recipe is a source of protein and calcium. Protein is needed for growth and development and calcium is needed for strong bones and teeth.

### Cooking Skills Needed

- Sautéing
- Simmering

### Cooking Tools

- Spatula
- Chopping Board
- Measuring Cups
- Grater
- Measuring Spoon