

# Longganisa At Kesong Puti Pasta Recipe

Preparation Time Cooking Time Serving Size 20 15 14

# Ingredients:

- 2 Tbsp oil
- 1 cup onion, chopped
- 600 g longganisa, lukban, chopped
- 1 pouch DEL MONTE Italian Style Spaghetti Sauce (1kg)
- 1/2 tsp salt
- 1/2 tsp pepper, black
- 3/4 pack DEL MONTE Spaghetti (900g), cooked
- 1 cup kesong puti, diced
- 1/2 cup garlic, crushed and fried to brown

# Preparation:

- 1. Sauté the onions and longganisa.
- 2. Add DEL MONTE Italian Style Spaghetti Sauce, salt, and pepper. Cover and simmer for 2 minutes. Remove from flame.
- 3. Toss half of the sauce into the pasta then put in a platter. Pour sauce over remaining pasta. Top with kesong puti and fried garlic.

#### Chef's Tip

Toast the longganisa until lightly browned to release its oil that will make the sauce more flavorful.

#### **Lusog Notes**

Pasta is a source of carbohydrates that provides the body with energy as well as fuel for the brain and nerves. This dish also contains protein necessary for growth and development.

## **Cooking Skills Needed**

- Simmering
- Frying
- Slicing
- Sautéing
- Tossing

### **Cooking Tools**

- Measuring Cups
- Strainer
- Chopping Board
- Measuring Spoon
- Pot
- Wooden Spatula

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