

Lechon Kare-Kare Fried Rice Recipe

Preparation Time Cooking Time Serving Size 10 30 4

Ingredients:

- 200 g pork, liempo, sliced into 3 pieces
- 1 pack DEL MONTE Quick 'n Easy Kare-Kare Mix (50g)
- 2 Tbsp oil
- 1/4 tsp salt
- 1 Tbsp garlic, crushed
- 1/2 tsp ginger, grated
- 2 1/2 Tbsp bagoong alamang
- 1 cup sitaw/yardlong beans, cut into 1-inch lengths
- 1/4 cup green onions, sliced
- 1/3 cup water
- 4 cups rice, cooked

Preparation:

- 1. Rub pork slices with DEL MONTE Quick n Easy Kare-Kare Mix. Let stand for 10 minutes.
- 2. Heat pan with oil. Season pork with salt. Fry pork slices in medium heat until golden brown. Cut into strips. Set aside.
- 3. In the same pan, sauté garlic, ginger, bagoong, sitaw, and half of green onions for 3 minutes.
- 4. Add remaining kare-kare mix and water. Cover and simmer for 2 minutes.
- 5. Add rice and pork slices. Cook with continuous stirring for 2 minutes or until well blended.
- 6. Top rice with remaining green onions.

Chef's Tip

Make sure the pork is dry before frying to make the skin crispy.

Lusog Notes

This recipe is a source of calcium and iron. Calcium is important for strong bones and teeth while iron is essential for red blood cell formation and normal metabolism.

Cooking Skills Needed

- Cutting
- Slicing
- Sautéing
- Stirring
- Simmering

Cooking Tools

- Chopping BoardMeasuring Cups
- SpatulaGrater
- Measuring Spoon

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