



Lechon Kare-Kare Fried Rice Recipe

Preparation Time	10
Cooking Time	30
Serving Size	4

Ingredients:

- 200 g pork, liempo, sliced into 3 pieces
- 1 pack DEL MONTE Quick 'n Easy Kare-Kare Mix (50g)
- 2 Tbsp oil
- 1/4 tsp salt
- 1 Tbsp garlic, crushed
- 1/2 tsp ginger, grated
- 2 1/2 Tbsp bagoong alamang
- 1 cup sitaw/yardlong beans, cut into 1-inch lengths
- 1/4 cup green onions, sliced
- 1/3 cup water
- 4 cups rice, cooked

Preparation:

1. Rub pork slices with DEL MONTE Quick n Easy Kare-Kare Mix. Let stand for 10 minutes.
2. Heat pan with oil. Season pork with salt. Fry pork slices in medium heat until golden brown. Cut into strips. Set aside.
3. In the same pan, sauté garlic, ginger, bagoong, sitaw, and half of green onions for 3 minutes.
4. Add remaining kare-kare mix and water. Cover and simmer for 2 minutes.
5. Add rice and pork slices. Cook with continuous stirring for 2 minutes or until well blended.
6. Top rice with remaining green onions.

Chef's Tip

Make sure the pork is dry before frying to make the skin crispy.

Lusog Notes

This recipe is a source of calcium and iron. Calcium is important for strong bones and teeth while iron is essential for red blood cell formation and normal metabolism.

Cooking Skills Needed

- Cutting
- Slicing
- Sautéing
- Stirring
- Simmering

Cooking Tools

- Chopping Board
- Measuring Cups
- Spatula
- Grater
- Measuring Spoon