



## Laksa Lemak Recipe

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<b>Preparation Time</b>	<b>5</b>
<b>Cooking Time</b>	<b>18</b>
<b>Serving Size</b>	<b>5</b>

### Ingredients:

- 2 Tbsp oil
- 1/2 cup leeks, sliced diagonally
- 1 pack DEL MONTE Quick 'n Easy Curry Mix (40g), dissolved in milk
- 1 cup milk, evaporated
- 2 cups water
- 400 g maya-maya fillet, chunks
- 1/4 cup bell pepper, red, cut into cubes
- 1 cup snow peas
- 1 Tbsp wansuy, chopped
- 2 pcs siling labuyo, chopped
- 1/2 tsp salt
- 50 g sotanghon, soaked in cold water

### Preparation:

1. Heat oil in a wok and stir fry leeks.
2. Add dissolved DEL MONTE Quick 'n Easy Curry Mix in evaporated milk and water to the pan then bring to a boil.
3. Add fish fillet, bell peppers, snow peas, wansuy, and siling labuyo. Season with salt. Simmer for 3 minutes. Add drained sotanghon and simmer for 5 minutes. Serve.

### Chef's Tip

Soaking the sotanghon in water rehydrates the noodles and will help it cook faster.

### Lusog Notes

This dish is a source of calcium and vitamin C. Calcium helps in the formation and maintenance of strong bones and teeth while vitamin C helps fight common infections and in wound healing.

### Cooking Skills Needed

- Boiling
- Simmering
- Frying

### Cooking Tools

- Measuring Cups
- Spatula
- Chopping Board
- Measuring Spoon
- Strainer
- Pot

