



Fruits And Ice Scramble Recipe

Preparation Time	15
Cooking Time	15
Serving Size	10

Ingredients:

- 1 cup milk, evaporated
- 1/2 cup sugar, white
- 1 can DEL MONTE Sweetened Mango Juice Drink (240ml)

- 1 cup sago, white, cooked
- 1 can DEL MONTE Fiesta Fruit Cocktail (836g), drained, reserve syrup
- 1 Tbsp sugar, white
- 11 cups ice, crushed

Preparation:

1. Combine milk, sugar, and DEL MONTE Sweetened Mango Juice Drink. Chill.
2. Simmer sago in fruit cocktail syrup with 1 tablespoon of sugar for 2 minutes. Drain. Chill.
3. Fill glasses with 3/4 cup crushed ice. Pour with 1/4 cup milk and juice mixture. Top with 1 tablespoon sago and 2 tablespoon DEL MONTE Fiesta Fruit Cocktail. Serve immediately.

Chef's Tip

Store-bought cooked sago is unflavored. Simmering in syrup and sugar infuses the sago with a sweet and fruity taste.

Lusog Notes

This recipe contains vitamin C which is important for the normal structure and functioning of body tissues. Vitamin C also helps fight common infections.

Cooking Skills Needed

- Boiling
- Mixing
- Simmering

Cooking Tools

- Measuring Spoon
 - Spatula
 - Colander
 - Pot
 - Strainer
 - Measuring Cups
 - Scooper
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