



## Fruit Crepe Samurai Recipe

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Preparation Time	15
Cooking Time	45
Serving Size	20

### Ingredients:

#### FOR THE CREPE

- 1 cup all-purpose flour
- 1/4 tsp salt
- 4 pcs egg
- 1 cup milk, fresh
- 1/2 cup water
- - butter or margarine, for frying

#### FOR THE SAUCE

- 2 packs all-purpose cream (250ml)
- 1/2 cup sugar, white
- 2 pcs egg yolk
- 1/4 cup reserved fruit cocktail syrup

#### FOR THE FILLING

- 1 can DEL MONTE Fiesta Cocktail (836g), drained, reserve 1/4 cup syrup

### Preparation:

1. CREPE: Mix all crepe ingredients, except the butter for cooking. Mix well. Pour a thin a layer (1/4 cup at a time) of batter in a 6-inch non-stick pan, then tilt to spread out the batter. When the crepe changes color and does not stick to the pan anymore, slide it off onto a plate. Do the same with remaining batter.
2. SAUCE: Combine all ingredients for the sauce in a pot. Simmer over low heat, stirring continuously until the sauce thickens.
3. Lay a piece of crepe on a plate. Put 2 tablespoons of DEL MONTE Fiesta Fruit Cocktail on one side of the crepe. Fold the crepe into half then fold into half again to make a fan. Drizzle with 1 1/2 tablespoons of the sauce.

### Chef's Tip

Cook the sauce at low heat to avoid curdling the eggs and turning it into scrambled eggs.

### Lusog Notes

Two servings of this dessert gives you vitamin A that helps maintain healthy skin, and vitamin C that helps fight common infections.

### Cooking Skills Needed

- Mixing

- Frying
- Simmering

### **Cooking Tools**

- Measuring Cups
- Measuring Spoon
- Pot
- Wooden Spatula

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