

# Fried Shrimp Balls Recipe

Preparation Time Cooking Time Serving Size 10 47 11

## Ingredients:

- 350 g shrimp, shelled and chopped
- 150 g singkamas, chopped, squeezed
- 2 Tbsp onion, chopped
- 4 stalks kinchay, chopped
- 1/3 cup flour, all-purpose
- 1 pc egg, separate yolk from white
- 1 pouch DEL MONTE Original Style Tomato Sauce (115g)
- 7 slices bread, white loaf, diced
- 1/2 tsp salt
- 1/4 tsp pepper, black

#### Preparation:

- 1. Combine all ingredients except egg white and bread. Season with salt and pepper. Form every 1/2 tablespoon of mixture into balls. Refrigerate for 30 minutes.
- 2. Dip each ball in egg white and roll in bread. Deep fry in hot oil until golden brown. Drain on paper towels. Serve.

## Chef's Tip

To check if the oil is hot enough, drop a small piece of bread into the oil. The oil should sizzle and bubble up when the bread hits the oil and should turn golden in a few seconds.

#### **Lusog Notes**

This Crunchy Shrimp Balls dish is a source of vitamin A that helps strengthen the immune system. Vitamin A also helps keep healthy skin and normal vision.

## Cooking Skills Needed

- Mixing
- Frying

#### **Cooking Tools**

- · Chopping Board
- Measuring Cups
- Measuring Spoon
- Skillet
- Strainer