



## Fiesta Ice Cream Sticks Recipe

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<b>Preparation Time</b>	<b>15</b>
<b>Cooking Time</b>	<b>492</b>
<b>Serving Size</b>	<b>15</b>

### Ingredients:

- 1/2 cup condensed milk, sweetened
- 1 cup milk, evaporated
- 1 cup all-purpose cream
- 1 tsp vanilla extract
- 1 can DEL MONTE Fiesta Fruit Cocktail (432g), drained

### Preparation:

1. Combine the condensed milk, evaporated milk, all-purpose cream, and vanilla.
2. To make ice cream pops, place a portion of DEL MONTE Fiesta Fruit Cocktail inside popsicle moulds then fill with cream mixture. You may also use ice candy bags if popsicle moulds are unavailable
3. Freeze overnight. Serve.

### Chef's Tip

Slowly add the milk to the cream while mixing well so that the mixture will be smooth and creamy.

### Lusog Notes

Two servings of this dessert give you calcium that helps make bones and teeth strong and vitamin A that helps maintain healthy skin.

### Cooking Skills Needed

- Mixing