



Fiesta Ice Cream Sandwich Recipe

Preparation Time	3
Cooking Time	103
Serving Size	16

Ingredients:

- 4 packs vanilla wafers (200g)
- 2 pint ice cream, vanilla
- 1 can DEL MONTE Fiesta Fruit Cocktail (836g), drained and chopped

Preparation:

1. Line a 7 x 7-inches pan with foil. Cover bottom of pan with a single layer of wafers.
2. Take one pint of ice cream and spread to cover wafers. Top evenly with chopped DEL MONTE Fiesta Fruit Cocktail, then freeze for 1 hour.
3. After an hour, spread the remaining ice cream on top of fruit then cover with remaining wafers. Freeze again until firm. Cut into serving portions and wrap in foil. Freeze until ready to serve.

Chef's Tip

For an easier preparation of this dessert, place the ice cream in the refrigerator 20 minutes before using, so that it is easier to work with. Hard ice cream can also be softened in the microwave at minimum power for 30 seconds.

Lusog Notes

This dessert provides vitamin B2 that aids in energy production and helps maintain normal structure and functioning of the skin.

Cooking Skills Needed

- Mixing

Cooking Tools

- 7" x 7" Pan
- Strainer
- Spatula