



Fiesta Fruit Salad Recipe

Preparation Time	05
Cooking Time	05
Serving Size	30

Ingredients:

- 1 can DEL MONTE Fiesta Fruit Cocktail (3.033kg), drained
- 3 cups all-purpose cream, chilled
- 1 cup condensed milk, sweetened

Preparation:

1. Combine all ingredients. Mix well. Chill until ready to serve.

Chef's Tip

Drain the DEL MONTE Fiesta Fruit Cocktail well as the syrup will water down the cream and milk mixture.

Lusog Notes

This Fiesta Fruit Salad dish contains vitamin C that helps fight common infections and aids in wound healing. Vitamin C also plays a vital role in enhancing the absorption of iron in the body.

Cooking Skills Needed

- Mixing

Cooking Tools

- Measuring Cups
- Spatula
- Strainer