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Fiesta Cream Cheese And Strawberry Trifle Recipe

Preparation Time Cooking Time Serving Size

Ingredients:

- 1 cup cream cheese, softened
- 1/2 cup condensed milk
- 1/2 cup all-purpose cream, chilled
- 5 pcs mamon, sliced into 2
- 1 can DEL MONTE Fiesta Fruit Cocktail (432g), drained
- 300 g strawberry, fresh, trimmed

Preparation:

- 1. Beat the cream cheese with a wooden spoon or whisk until smooth.
- 2. Add the condensed milk and cream then mix well.

3. Layer the ingredients in a clear glass by following this order: mamon, cream cheese mixture, DEL MONTE Fiesta Fruit Cocktail, mamon, cream cheese mixture then top with strawberries.

Chef's Tip

A trifle is a dessert made with layers of cake, fruit and custard or cream. Show the beautiful and colorful layers of this dessert by using a clear glass container.

Lusog Notes

This dessert is high in vitamin A that helps maintain eye health and promotes normal growth and development. It also provides calcium that makes bones and teeth strong.

Cooking Skills Needed

- Layering
- Mixing

Cooking Tools

- Measuring Cups
- Spatula

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