



## Fiesta Bukayo Recipe

---

Preparation Time	5
Cooking Time	32
Serving Size	6

### Ingredients:

- 1 can DEL MONTE Fiesta Fruit Cocktail (432g), drained, coarsely chopped
- 2 Tbsp sugar, white
- 1/4 cup water
- 1 1/3 cups sugar, white
- 1 pc buko, (large) shredded, reserve buko water

### Preparation:

1. Cook DEL MONTE Fiesta Fruit Cocktail with sugar for about 5 minutes or until dry. Set aside.
2. Boil water with sugar. Add shredded buko. Cover and cook over high heat for 10 minutes or until thick.
3. Spread on a tray top with DEL MONTE Fiesta Fruit Cocktail. Let cool.

### Chef's Tip

Bukayo will become more firm and crumbly as it cools. Slice while hot so that it is still more pliable.

### Lusog Notes

Two servings of this dessert gives you a source of vitamin C that helps fight common infections and aids in wound-healing.

### Cooking Skills Needed

- Baking
- Boiling

### Cooking Tools

- Pot
- Wooden Spatula
- Measuring Cups
- Scooper
- Measuring Spoon
- Strainer