



Fiesta Bukayo Recipe

Preparation Time	5
Cooking Time	32
Serving Size	6

Ingredients:

- 1 can DEL MONTE Fiesta Fruit Cocktail (432g), drained, coarsely chopped
- 2 Tbsp sugar, white
- 1/4 cup water
- 1 1/3 cups sugar, white
- 1 pc buko, (large) shredded, reserve buko water

Preparation:

1. Cook DEL MONTE Fiesta Fruit Cocktail with sugar for about 5 minutes or until dry. Set aside.
2. Boil water with sugar. Add shredded buko. Cover and cook over high heat for 10 minutes or until thick.
3. Spread on a tray top with DEL MONTE Fiesta Fruit Cocktail. Let cool.

Chef's Tip

Bukayo will become more firm and crumbly as it cools. Slice while hot so that it is still more pliable.

Lusog Notes

Two servings of this dessert gives you a source of vitamin C that helps fight common infections and aids in wound-healing.

Cooking Skills Needed

- Baking
- Boiling

Cooking Tools

- Pot
- Wooden Spatula
- Measuring Cups
- Scooper
- Measuring Spoon
- Strainer