



Fiesta Banana Salad Recipe

Preparation Time	5
Cooking Time	5
Serving Size	6

Ingredients:

- 3 pc banana, lacatan
- 1 Tbsp calamansi juice
- 1 can DEL MONTE Fiesta Fruit Cocktail (432g)
- 1/4 cup sugar, powdered
- 1/4 cup orange juice, fresh

Preparation:

1. Cut banana crosswise into 8 slices. Add calamansi juice.
2. Combine with remaining ingredients. Mix until sugar is dissolved. Chill until ready to serve.

Chef's Tip

Add calamansi juice to the banana immediately after slicing to avoid discoloration.

Lusog Notes

Not only is this dish low in fat, it is also a source of vitamin C that helps heal cuts and wounds and keeps gums healthy.

Cooking Skills Needed

- Mixing
- Slicing

Cooking Tools

- Chopping Board