



Ensaladang Talong Recipe

Preparation Time
Serving Size

5
7

Ingredients:

- 1 3/4 cup eggplant, grilled, peeled, chopped

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- 5 Tbsp DEL MONTE Red Cane Vinegar
- 1/4 tsp pepper, black
- 1/2 cup onion, red, chopped
- 1/4 cup bagoong alamang
- 2 Tbsp green onions, chopped

Preparation:

1. In a bowl, mix DEL MONTE Red Cane Vinegar, pepper, onion, bagoong, and green onions. Add eggplant and mix until well incorporated.

Chef's Tip

Lusog Notes

Cooking Skills Needed

- Chopping
- Grilling
- Mixing

Cooking Tools

- Bowls
- Measuring Cups
- Chopping Board
- Measuring Spoon