

Corned Beef Guisado Recipe

Preparation Time Cooking Time Serving Size 10 7 4

Ingredients:

- 2 Tbsp oil
- 1/2 cup onion, red, sliced
- 2 tsp garlic, minced
- 1 pack DEL MONTE Tomato Ginisa (30g)
- 1 can corned beef (260g)
- 1 cup water
- 1 cup potato, diced
- 1 tsp salt
- 1/2 tsp pepper, black
- 1/2 cup bell pepper, red, cut into chunks
- 1/2 cup bell pepper, green, cut into chunks

Preparation:

- 1. In a pan, heat the oil and sauté the onions and garlic until aromatic.
- 2. Push the onions and garlic to one side of the pan then add DEL MONTE Tomato Ginisa. Sauté for 1 minute. Add corned beef, water, and potatoes. Simmer covered until the potatoes are cooked.
- 3. Season with salt and pepper. Add the bell peppers and sauté for 1 minute.

Chef's Tip

Cover the pan while simmering so that the water does not evaporate as quickly and the potatoes can cook evenly.

Lusog Notes

Cooking Skills Needed

- Mincing
- Sautéing
- Simmering
- Slicing

Cooking Tools

- Chopping Board
- Measuring Cups
- Measuring Spoon
- Rubber Spatula
- Scissors