



Classic Menudo With Raisins Recipe

Preparation Time	15
Cooking Time	60
Serving Size	5

Ingredients:

- 2 Tbsp oil
- 1 1/2 Tbsp garlic, crushed
- 2 Tbsp onion, red, sliced
- 200 g pork pigue, cut into cubes
- 1/2 cup water
- 1 pc bay leaf/laurel leaf
- 1/2 tsp salt
- 1/8 tsp pepper, black
- 100 g pork liver, cut into cubes
- 1/2 cup potato, cut into cubes
- 1/2 cup carrot, cut into cubes
- 1/3 cup garbanzos, cooked
- 1 pouch DEL MONTE Original Style Tomato Sauce (200g)
- 2 Tbsp raisins
- 1/4 cup bell pepper, green, cut into cubes
- 1/4 cup bell pepper, red, cut into cubes

Preparation:

1. Sauté garlic, onion, and pork for 3 minutes. Add water, laurel, salt, and pepper. Bring to a boil then simmer over medium heat for 20 - 30 minutes.
2. Add liver, potato, carrot, garbanzos, and DEL MONTE Original Style Tomato Sauce. Simmer for 20 minutes. Add raisins and bell peppers. Simmer for another 3 minutes.

Chef's Tip

Be sure to cut the vegetables into uniformly sized pieces so that they cook the same time.

Lusog Notes

Vitamin A is important for normal vision and healthy skin as well as for protection from infections. This dish is high in vitamin A and it is also a source of iron that is needed for normal metabolism.

Cooking Skills Needed

- Sautéing
- Simmering
- Slicing

Cooking Tools

- Measuring Cups
- Pot
- Chopping Board
- Measuring Spoon

- Wooden Spatula

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