

# **Choco Mud Pies Recipe**

Preparation Time Cooking Time Serving Size 20 63 6

# Ingredients:

#### FOR THE CHOCOLATE BASE

- 1 cup chocolate cookie, crushed
- 2 Tbsp margarine, melted
- 1 Tbsp sugar, white

#### FOR THE CREAM FILLING

- 1/2 Tbsp unflavored gelatin, dissolved in reserved syrup
- 2 Tbsp milk, evaporated
- 1/2 cup cream cheese, softened
- 1 Tbsp sugar, white
- 1/2 cup all-purpose cream, chilled
- 1 can DEL MONTE Fiesta Fruit Cocktail (432g), drained, reserve syrup

### Preparation:

- 1. CHOCOLATE BASE: Combine crushed cookies, margarine and sugar. Spread about 2 1/2 tablespoons of the mixture in a glass or cup. Chill until firm.
- 2. CREAM FILLING: Heat gelatin and milk until gelatin is dissolved. Set aside.
- 3. Beat cream cheese and sugar until light and fluffy. Add the dissolved gelatin, while mixing, until incorporated. Set aside. Whip chilled cream for 2 minutes and fold into the gelatin.
- 4. Spread 2 tablespoons of cream mixture into the prepared chocolate crust, and then add 2 tablespoons of DEL MONTE Fiesta Fruit Cocktail. Top with remaining cream. Chill for 15 30 minutes. Garnish with cherry, if desired.

#### Chef's Tip

Chilling the bowl and whisk prior to whipping helps the cream whip faster.

# **Lusog Notes**

This Choco Mud Pies dessert contains vitamin A which helps maintain healthy skin and normal vision.

# Cooking Skills Needed

- Mixing
- Beating