

# Chicken Tortilla Soup Recipe

Preparation Time Cooking Time Serving Size 10 11 8

## Ingredients:

- 2 Tbsp oil
- 1/2 cup onion, red, chopped
- 1 Tbsp garlic, minced
- 300 g chicken, breast fillet, cut into 1/2-inch cubes
- 1 pouch DEL MONTE Original Style Tomato Sauce (250g)
- 5 cups water
- 1 pc chicken bouillon cube
- 1 tsp chili powder
- 1 tsp cumin
- 1 tsp oregano, ground
- 1/2 tsp pepper, black
- 2 Tbsp cornstarch, dissolved in 2 tablespoons water
- 1 cup DEL MONTE Whole Kernel Corn (432g), drained
- 1 cup red kidney beans, canned, drained
- 1 1/2 cup tortilla chips
- 1/4 cup cilantro, leaves only

#### Preparation:

- 1 In a pot, sauté onion until translucent, add garlic and sauté until aromatic.
- 2. Add chicken and sauté until almost dry. Add DEL MONTE Original Style Tomato Sauce, water, and chicken bouillon cube then mix.
- 3. Add chili powder, cumin, oregano, and pepper then mix and simmer. Add cornstarch slurry.
- 4. Add DEL MONTE Whole Kernel Corn and red kidney beans then simmer until cooked.
- 5. To serve, top with tortilla chips then garnish with cilantro.

#### **Chef's Tip**

## **Lusog Notes**

# **Cooking Skills Needed**

- Sautéing
- Simmering
- Slicing

# **Cooking Tools**

- Chopping Board
- Measuring Cups
- Measuring Spoon
- Pot
- Spatula