

Chicken Tortilla Pizza Recipe

Preparation Time Cooking Time Serving Size 5 35 8

Ingredients:

- · 200 g chicken, breast fillet
- · salt, to taste
- pepper, to taste
- 1/2 cup basil, fresh
- 2 pc flour tortilla (6"), large
- 1 pouch DEL MONTE Quick 'n Easy Italian Style Pizza Sauce (115g)
- 100 g tomato, fresh, sliced into rings
- 100 g melting cheese, coarsely grated

Preparation:

- 1. Season chicken with salt and pepper to taste. Pan/charcoal-grill or pan-fry until both sides are cooked. Slice into strips.
- 2. Toast both sides of flour tortillas in heated pan for 1 minute. Spread one side of the tortilla with DEL MONTE Quick 'n Easy Italian Style Pizza Sauce. Top with chicken, tomatoes, basil, and cheese.
- 3. Heat until cheese melts. Slice and serve.

Chef's Tip

Tear basil leaves by hand instead of chopping them. Chopping with a knife bruises the leaves which cause the leaves to turn black. Tearing them by hand follows the natural fibers so that it does not discolor as fast.

Lusog Notes

This Chicken Tortilla Pizza dish provides calcium that is needed for bone growth and blood clotting. It also has vitamin A that helps maintain healthy skin and prevent infections.

Cooking Skills Needed

- Grilling
- Mixing

Cooking Tools

• Grill Pan

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