

# Chicken Tortilla Pizza Recipe

Preparation Time Cooking Time Serving Size 5 35 8

### Ingredients:

- · 200 g chicken, breast fillet
- · salt, to taste
- pepper, to taste
- 1/2 cup basil, fresh
- 2 pc flour tortilla (6"), large
- 1 pouch DEL MONTE Quick 'n Easy Italian Style Pizza Sauce (115g)
- 100 g tomato, fresh, sliced into rings
- 100 g melting cheese, coarsely grated

#### Preparation:

- 1. Season chicken with salt and pepper to taste. Pan/charcoal-grill or pan-fry until both sides are cooked. Slice into strips.
- 2. Toast both sides of flour tortillas in heated pan for 1 minute. Spread one side of the tortilla with DEL MONTE Quick 'n Easy Italian Style Pizza Sauce. Top with chicken, tomatoes, basil, and cheese.
- 3. Heat until cheese melts. Slice and serve.

## Chef's Tip

Tear basil leaves by hand instead of chopping them. Chopping with a knife bruises the leaves which cause the leaves to turn black. Tearing them by hand follows the natural fibers so that it does not discolor as fast.

#### **Lusog Notes**

This Chicken Tortilla Pizza dish provides calcium that is needed for bone growth and blood clotting. It also has vitamin A that helps maintain healthy skin and prevent infections.

## **Cooking Skills Needed**

- Grilling
- Mixing

#### **Cooking Tools**

• Grill Pan

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