



## Chicken Sandwich Supreme Recipe

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<b>Preparation Time</b>	<b>30</b>
<b>Cooking Time</b>	<b>05</b>
<b>Serving Size</b>	<b>10</b>

### Ingredients:

- 1 can DEL MONTE Crushed Pineapple (227g), drained
- 200 g chicken, breast, cooked and flaked
- 2 tsp pickle relish, sweet
- 1/3 cup mayonnaise
- 1/8 tsp salt
- 1/8 tsp pepper, white
- 1/4 tsp sugar, white
- 1 tsp onion, white, chopped and sautéed
- 2 Tbsp cheddar cheese (optional), diced

### Preparation:

1. Combine all ingredients in a mixing bowl. Chill. Serve as sandwich filling.

### Chef's Tip

For the cooked chicken, it is best to use grilled or roasted chicken which will have more flavor than boiled chicken.

### Lusog Notes

Did you know that pineapple contains manganese that may help in the formation of tissues, bones and normal skeletal growth? This Chicken Sandwich Supreme recipe also has fiber that helps cleanse the body.

### Cooking Skills Needed

- Mixing
- Sautéing

### Cooking Tools

- Chopping Board
- Measuring Cups
- Measuring Spoon
- Spatula