



Chicken Macaroni Salad Recipe

Preparation Time	15
Cooking Time	65
Serving Size	30

Ingredients:

- 3 3/4 cup mayonnaise
- 1 kg DEL MONTE Salad Macaroni (1Kg), cooked
- 600 g chicken, breast fillet, cooked and diced
- 1 can DEL MONTE Pineapple Tidbits (822g), drained, reserve syrup
- 2 cup bell pepper, red, diced
- 2 cup carrot, peeled, boiled, and diced
- 1 cup onion, chopped
- 1/2 cup pickle relish
- 2 cup raisins
- 2 cup celery, peeled, diced
- 1 tsp salt
- - white pepper, to taste
- 2 cup cheese, processed, diced

Preparation:

1. Combine mayonnaise and reserved pineapple syrup.
2. Combine all ingredients and 3/4 of the cheese.
3. Chill then top with the remaining cheese.

Chef's Tip

The reserved syrup makes the consistency of the mayonnaise thinner and easier to mix with the other ingredients. It also adds additional moisture to the salad.

Lusog Notes

This salad is a source of vitamin A which helps maintain normal vision and healthy skin. It also has iron needed in the formation of red blood cells that distribute oxygen to the rest of the body.

Cooking Skills Needed

- Mixing
- Boiling
- Slicing

Cooking Tools

- Chopping Board
- Measuring Cups
- Measuring Spoon
- Pot
- Spatula
- Casserole

