



Cheesy Chicken & Broccoli Pasta Recipe

Preparation Time	15
Cooking Time	21
Serving Size	8

Ingredients:

- 2 Tbsp oil
 - 1/2 cup onion, red, chopped
 - 1 tsp garlic, minced
 - 300 g chicken, breast fillet, cut into strips
 - 2 cups broccoli, trimmed, florets
 - 1 pouch DEL MONTE Creamy & Cheesy Spaghetti Sauce (500g)
 - 1/2 cup water
 - 1/4 cup parmesan cheese, grated
 - 1/2 tsp salt
 - 1/2 tsp pepper, white, ground
 - 1/2 tsp sugar, white
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- 1 pack DEL MONTE Spaghetti (400g), cooked

Preparation:

1. In a pot, sauté onion and garlic until translucent.
2. Add the chicken breast fillet then cook until browned.
3. Add the broccoli, DEL MONTE Creamy & Cheesy Spaghetti Sauce, water, and parmesan cheese. Stir constantly.
4. Season with salt, pepper, and sugar.
5. To assemble, pour the sauce over cooked spaghetti.

Chef's Tip

Lusog Notes

Cooking Skills Needed

- Mixing
- Sautéing
- Simmering
- Slicing

Cooking Tools

- Chopping Board
- Colander
- Grater
- Measuring Cups
- Measuring Spoon
- Mixing Bowl
- Pot
- Scissors
- Spatula

