

Celebration Pasta Recipe

Preparation Time Cooking Time Serving Size 15 28 14

Ingredients:

FOR THE WHITE SAUCE

- 1/2 cup margarine
- 1/2 cup flour, all-purpose
- 1 cup milk, evaporated
- 2 Tbsp oil
- 1/3 cup garlic, crushed
- 1/2 cup onion, red, chopped
- 750 g chicken, breast fillet, cut into strips
- 1 1/3 cup button mushroom, canned, sliced
- 3 pc beef franks, sliced
- 1 pouch DEL MONTE Filipino Style Spaghetti Sauce (1kg)
- 2 1/2 cup bell pepper, red, cut into strips
- 1 1/2 pc chicken bouillon cube
- 1 tsp salt
- 1 cup cheese, grated
- 2 pack DEL MONTE Spaghetti (400g), cooked
- 1 1/4 cup green onions, chopped
- 1 1/3 cup water

Preparation:

- 1. White Sauce: Melt margarine in pan. Add in all-purpose flour. Add milk gradually while stirring. Allow to simmer until thick.
- 2. Heat pan with oil, saute garlic, onion, chicken, mushrooms and beef franks. Add DEL MONTE Filipino Style Spaghetti Sauce, bell pepper, water, chicken bouillon cube, and salt. Cover and simmer for 10 minutes or until chicken is tender.
- 3. Blend in white sauce and cheese.
- 4. Pour over cooked DEL MONTE Spaghetti. Top with green onions.

Chef's Tip

Cook the flour in the margarine until you smell a nutty aroma then add the milk gradually. This makes sure that the flour is cooked and will not leave a starchy mouthfeel later on.

Lusog Notes

This Celebration Pasta dish is a source of vitamin B1 which helps release energy from carbohydrates and niacin that promotes normal digestion and healthy skin.

Cooking Skills Needed

Stirring

• Grating

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