



Bolognese Recipe (250g)

Preparation Time

10

Cooking Time

18

Ingredients:

- 1/4 cup extra virgin olive oil
- 1/2 cup onion, white chopped
- 1/3 stalk celery, chopped
- 1/2 cup carrot, chopped
- 250 g beef, ground, lean
- 1/2 Tbsp salt
- 1/4 Tbsp sugar, white
- 1/4 tsp pepper, black
- 1/3 cup white wine
- 1 pouch DEL MONTE Italian Style Spaghetti Sauce (250g)
- 1/8 tsp basil, dried
- 1 Tbsp parsley, chopped
- 1 pack DEL MONTE Spaghetti (175g), cooked
- 2 Tbsp parmesan cheese

Preparation:

1. Sauté onion, celery, and carrot for about 5 minutes.
2. Add beef then season with salt, sugar, and pepper. Cook until light brown. Stir in wine and simmer for 3 minutes.
3. Add DEL MONTE Italian Style Spaghetti Sauce, basil, and parsley. Simmer for 5 minutes over low heat, stirring occasionally.
4. Pour over cooked DEL MONTE Spaghetti. Top with parmesan cheese.

Chef's Tip

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Lusog Notes

Cooking Skills Needed

- Chopping
- Sautéing
- Slicing
- Stirring

Cooking Tools

- Chopping Board
- Spatula
- Knife
- Strainer

- Sauce Pot

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