

# New And Creative Activities To Strengthen Your Friendship

Friendship is said to be both the strongest and the most fragile thing in the world. Your best friends and barkada will always be there for you, and it's a wonderful idea to make sure that these friendships stay fervent and strong.

Hanging out like you usually do is definitely fun, but there are more creative and unique ways to strengthen your bond. Have a look at these unique ideas that are sure to make you closer than before.



#### Host a swap party!

Gather your barkada — as well as their excess clothes, accessories, shoes, bags, and a hodgepodge of other stuff — and start trading! It's just like having a yard sale, only more fun because you're not spending anything and you're doing this with friends. Don't forget to prepare some snacks like <u>Taco Corn Salad</u> or **Sweet and Sour Fishball**, and ready some **Tropical Island Iced Tea** for refreshments.



# Rent a vacation house together.

If you love traveling with your friends, ditch the hotel rooms and scout for a guesthouse or cabin to rent during your stay. You can experience shared memories cooking meals, playing a lot of board games, go on a nature trip, and whatever the group feels like doing. Going on a trip allows you and your barkada to loosen up and helps you connect more with each other beyond just catching up over dinner parties. Taking a different approach to trips helps you strengthen your bonds even more.



### Start a travel journal.

Remember the movie The Sisterhood of the Traveling Pants? If you're not familiar with this film, it's a story of four friends who discover a pair of pants that fits them all. They agreed that while they are on their own trips, they would write their adventures in the journal while wearing the pants. After each trip, the pants and journal are sent to the next person for new adventures. In this case, start a travel journal for your barkada and write down what you're thinking of and any significant events during the time the journal is in your keep. Send it to your friend to do the same, and your friend will send it to your other friend in the group. You'll realize you will discover more about your friends after reading each others' entries.



# Give each other unexpected gifts — for no reason at all.

When was the last time you gave your friend a gift that wasn't his birthday or Christmas? It doesn't happen very often, so this is your chance to give a little something every now and then just to show your appreciation for the friendship. Whether it be a charm bracelet, chocolates, bags, even flowers, make sure you give something your friend absolutely loves.



## Make a bucket list each and see what you can do together.

We all make a list of things we want to do before a certain age milestone. Why not share your list with each other? It lets you see what each of you wants to try. You can discover similar things to do and decide to try them all together. This allows you to grow and feel happier having done these new things with your closest friends.

Great friends are hard to come by. They give us a solid perspective in life as well as strength and

courage. Let us remember to spend time on relationships that matter to us. Making our relationships a priority will empower us to say no to the less important things in life and elevate the value of friends in our lives. Remember that problems and issues come and go, but friendship is one of those things that transcend our daily routine in life.

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