



Make It Brand New: How To Revitalize Your Relationships This New Year!

A brand new year paves the way for new opportunities, and what better way to start 2016 than by revitalizing and reinvigorating your relationships. We know that spending time with our loved ones and having their support really makes everything better. Need help on how to refresh your relationships? Here are a few tips:



With your family

When family members are constantly on the go, there is less time to for everyone to be together. With music lessons, ball practice, play rehearsal, and work schedules, rounding up the family for an evening meal is almost impossible! Schedule at least one day every week where everyone in the family will be at home and have a sumptuous dinner to talk about how things are going.



With your significant other

It is always important to try new things with your partner, whether it's your husband, your wife, your boyfriend or girlfriend, it's always important to try new things. From extravagant gestures like planning an impromptu trip, to the simplest ones like a romantic dinner that you both prepared in the kitchen, an added dimension of newness will always contribute to making a relationship more meaningful. Check out [Del Monte Kitchenomics](#) to find simple recipes that you and your loved one can start with.



With your barkada

Your relationship with your friends may have a few similarities with your special someone, but also has some unique angles that need attention. This year, make sure you show up to gatherings a bit more often than last year. Maybe even get to the point where you're the one organizing reunions, dinners, and hangouts. And if you're the type who already does that, why not jazz things up a bit more by hosting lavish dinner feasts or brunch picnics to make your gatherings a lot more inviting for everyone? Here's your chance to whip them up that new [Chili Chicken Wings](#) you just learned.



With your officemates

Relationships at work require a different kind of approach. An office environment can be a little stiff, so it might be up to you to break the ice. And the best way to get everyone together: food. Why not surprise everyone with a batch of [Pine Mexican Macaroni Salad](#) or [Chorizo and Olive Pasta](#) for potluck? Nothing brings people together in the pantry faster than an unexpected potluck. Use that opportunity to build rapport and create a mood of togetherness at work.

This year is just as good as any when it comes to taking time and giving effort to strengthen and revitalize your relationships. And as long as there's good food, great company, and a lot of understanding going around, you know things will always turn out for the best.