

Eun Ways To Enjoy Summer With Your Friends On A

Having a tight budget doesn't mean that you can't enjoy the summer and have fun with your friends! There's a wide variety of fun activities that don't cost a lot to get into, and which can be enjoyed by you and your *barkada*. Have a look at these activities and dive into the summer spirit without worrying about overspending.



Big sleepover and house party

Having your friends over is a guaranteed fun experience for the whole *barkada* that only needs a minimal budget and a little time to prepare. You can host a movie marathon, or play party games and board games that everyone's sure to enjoy. If your place has a lawn, you could even play some outdoor sports like Badminton or Frisbee. An inflatable pool would add tons of water fun to the mix.

Top off the night with a big sleepover where you and your friends can talk about anything and everything you want, while munching on some snacks from Del Monte Kitchenomics like **Party Cheese Sticks** or **Fruity Cookie Sandwiches**.



Go to the mall

A tight budget doesn't mean the mall cannot be enjoyable! It can be just as fun to hang out with friends, go window shopping, or check out bookstores. Hanging out in the mall's activity centers and just talking about each other's week is a great way to bond with the group.



Day trip out of town

Pack light and take a provincial bus with some friends out of the city. It won't cost a lot of money to travel down there and back, and you won't have to worry about lodging or spending on a resort. If you go very early, you may even make it to a public beach. You can also pack your own meals like <u>Curried Pork</u> <u>Burger</u> or **Chicken Sisig Soft Tacos** or instead of eating expensive resort food, to save more money.



Exercise together

Are you the fitness buff in your group? Then make your friends part of your daily exercise regimen and have joint workout sessions together. Make it a competition to up the motivation and eliminate boredom entirely. You can even start up an impromptu athletics team among your friends and join an open play sessions for football and basketball clubs. Remember to stay hydrated and make the most of your workout by drinking a bottle of <u>Del Monte Fit 'n Right</u> to help reduce those body fat, with the help of L-Carnitine and Green Coffee Extract (GCE).

These are just some of the many things that you can do with your *barkada* without emptying your wallet. More than the activities you do together, it's the bond between friends that is more important and cherish together.

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