



## Fast And Delicious Desserts For The Busy Mom

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Weekends are for family time. As a busy mom, you shouldn't have to slave away for hours to prepare delicious treats—and at the expense of quality time with your loved ones.

Here are some quick and tasty dessert recipes to help make your weekends fun and enjoyable for the entire family:

### [Sticky Fruit Fritters](#)



These sticky treats are delicious and nutritious, and can be served for dessert or as a snack. The fritters are made with [Del Monte Fiesta Fruit Cocktail](#) and fried to golden brown perfection. Top with a sweet coconut syrup sauce. Don't be afraid to get those fingers sticky as you enjoy every bite!

### [Fiesta Granola Layers](#)



This recipe is a treat for the senses! The fruity flavor of [Del Monte Fiesta Fruit Cocktail](#) not only complements the crunchy cereal and granola, but is packed with vitamins and minerals to help keep the family energized. Simply serve in a glass cup so you can enjoy the beautiful and colorful layers of this dessert. Then, grab your spoons and dig in!

### **Fruit Roll Ups**



This dessert combines the texture and taste of [Del Monte Fiesta Fruit Cocktail](#) with softened cream cheese, for a perfect, healthy, well-rounded dessert. Bite into the crispy shell and relish the combination of textures and the burst of flavors!

Find more time- and energy-saving recipes on [Del Monte Kitchenomics](#).