



5 Tasty Tomato-Based Meals For The Family

Nothing really compares to a home-cooked meal. Aside from being more budget friendly, the dishes can also be made more nutritious and filling, compared with ready-to-eat meals.

For those nights when not much time is left to prepare dinner, try these quick and easy recipes using [Del Monte Tomato Sauce](#), a versatile ingredient that's perfect for creating great-tasting dishes for the whole family.

Recipe #1: [Classic Menudo with Raisins](#)

You'll be glad to know that this hearty dish — made up of pork, liver, potato, carrots, raisins, to name a few — only takes 15 minutes of preparation time. Just sauté and simmer the ingredients to have a hearty dinner your family will surely love.



Get the recipe [here](#).

Recipe #2: [Chicken Pochero](#)

On an ordinary night, surprise everyone with this special dish which is already a complete meal by itself with carbohydrates from the potatoes and protein from the chicken and beans made extra flavorful with the addition of Del Monte Tomato Sauce.



Get the recipe [here](#).

Recipe #3: [Fish Escabeche](#)

This seafood meal is a truly restaurant-worthy dish and will definitely wow the whole family with its sweet and sour taste.



Get this recipe [here](#).

Recipe #4: [Pan-Grilled Chicken Barbecue](#)

Chicken is always a favorite for the young ones so there's no doubt that this marinated meal will surely be a hit during dinner. Protein rich plus lycopene benefits from the tomato sauce makes this tasty dish a definite winner.



Get this recipe [here](#).

Recipe #5: [Pork and Eggplant Sauté](#)

Your family is sure to come home as soon as they can when you serve this tasty meal with tomato sauce in the mix. Plus, it's unbelievably easy to make that this only takes less than 30 minutes to cook!



Get this recipe [here](#).

For more easy recipes, log on to **Del Monte Kitchenomics** at <https://www.lifegetsbetter.ph/kitchenomics/recipes>.